

## **DEPARTMENT 134 - HEALTH, SOCIAL AND POLITICAL SCIENCES**

Group "A"	Group "B"	Group "C"	Group "D"
\$1.75	\$1.50	\$1.25	\$1.00

All posters and charts are 14"x22" or 28"x22"

### **CLASS A - INTERNATIONAL AND MY WORLD**

1. Exhibit showing water as a precious resource
2. Exhibit describing weather conditions around the world
3. Exhibit on world hunger
4. Exhibit on nationality of your ancestors
5. Exhibit addressing the similarities and differences of religious or cultural traditions of different countries
6. A multicultural kit
7. Exhibit of food around the world
8. Exhibit showing cultural entertainment traditions
9. Exhibit showing language or other cultural differences

### **CLASS B - HEALTH**

#### **Health 1 - First Aid in Action**

1. Display showing household poisons and safe storage methods
2. A properly labeled first aid kit. Tell how each item is used
3. Completed first aid cards or first aid book you have made
4. Display showing the treatment or prevention of burns
5. Display showing the treatment or prevention of animal bites
6. Display showing the treatment or prevention of insect bites
7. Display showing the treatment or prevention of choking
8. Display showing the treatment or prevention of cuts, scrapes, and other "owies"

#### **Health 2 - Staying Healthy**

21. Display on germs
22. Display on the importance of personal cleanliness
23. Display on nutrition
24. Display on exercise and fitness
25. A complete food diary for one week
26. A completed fitness log for one week
27. Garden design for growing power foods in our area
28. A weekly well balanced menu

### **Health 3 - Keeping Fit**

31. Chart evaluating your fitness level
32. Chart evaluating water intake for one week
33. Display on nutrition
34. A completed fitness log for one week
35. A fitness plan for a goal (for example: running a marathon)
36. Display on careers in the fitness field
37. Display on the importance of warm-up exercises
38. Completed scrapbook on Health Project

### **CLASS C - CITIZENSHIP**

75. Display or poster on the planning process involved in completing a citizenship project
76. Poster or display on different issues or concerns in your neighborhood, town, or city
77. A scrapbook, notebook, or other display documenting your public adventure
78. Display or poster on interviewing, surveying needs, community partners, or evaluations
79. Any other exhibit relating to the project

### **CLASS D – SERVICE LEARNING**

#### **Level 1 – Agents of Change**

1. Collage of needs in your community
2. Exhibit your plan to address one community need. Include goals, time line, action plans, resources and community assets
3. 1-2 page report about your service project. Include who, what, where, when, and how, along with why it was important
4. Exhibit showing how you publicized your completed mission
5. 1-2 page report about how you thanked the people or organizations who helped you accomplish your service project
6. Journal on project work to date
7. Mission possible chart or poster

#### **Level 2 – Raise Your Voice**

20. 1-2 page report about what you learned from interviewing a government official about a need in your community
21. Your survey or opinion poll and tabulated results about a community need
22. 2-3 page report about the results of a forum you arranged addressing a community need
23. 1-2 page report about risks and factors to consider in dealing with your service project
24. A 5 step plan to carry out your service learning project—include measurable milestones

25. Scrapbook, web page, power point, diorama or other exhibit summarizing your service learning project
26. Journal on project work to date
27. Decision making guide